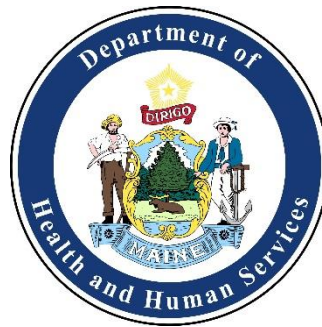


Maine Pediatric Mental Health Care Access Program Advisory Board Presentation

May 14, 2020



What Is It?

The Pediatric Mental Health Care Access Program is designed to implement a standard of care change for health care providers in Maine to improve access to pediatric behavioral health care. This is a grant from HRSA to be implemented over the next four years. (July 1, 2019 to June 30, 2023)

Maximizes the functioning of the current system, not replace it. Build and enhance the coordination and collaboration of current providers to improve the health of children in Maine.



Introductions



Goals of Program

- Increased timely detection, assessment, treatment and referral of children with behavioral health disorders in pediatric primary care settings.
- Improved access for children and adolescents to behavioral health, especially in rural areas.
- Sustained strategies and interventions that are effective in improving practice are put in place.



Program Structure

HRSA

Project Director & Project Manager at Maine CDC

Three Contractors

- Northern Light Acadia Hospital
 - Project Leads
 - Project Coordinator
 - Clinical Experts
- Maine Medical Center
 - Project Leads
 - Project Coordinator
 - Clinical Experts
- Evaluator

Community Providers / Patients & Their Families

Executive Committee / Advisory Board

Recruitment

- Will recruit in cohorts
 - First cohort will be made up of providers that have existing relationships with Maine Medical Center and Acadia who would be willing to help develop the process.
 - Future cohorts will consist of providers in underserved areas and specific counties.
 - Acadia will focus on Washington, Somerset, Piscataquis counties.
 - Maine Medical Center will focus on Lincoln, Sagadahoc, and Oxford counties.
- Each cohort will receive quality training and technical assistance and be expected to provide data for the project.



Training



Training designed to provide additional education to pediatric providers as well as technical assistance.



Trainings will be done remotely with the option of viewing at a later date.



First training will be an overview of the program, benefits of being a partner, expectations of partnering practices.



Subsequent trainings will be topic driven.

Diagnosis and Treatments

Management of ADHD, anxiety, depression, CBTP training, trauma informed care

Train the trainer model will be explored.

Program Implementation

CDC operations

- Project management
- Development of website
- Evaluation



Program Implementation

Contractor Operations

- Provide staff to complete deliverables
- Create training for providers
- Recruit providers to participate
- Develop and sustain relationships with providers in the community
- Coordinate the expansion of virtual health
- Develop and update clinical content for the website
- Clearly identify algorithm for accessing consultation



Program Evaluation

- Evaluation services were put out to bid
- Evaluator will be responsible for collecting and analyzing the data elements required by HRSA:
 - Number and types of referrals provided to children who screen positive for a behavioral health disorder by the PMH team.
 - Number of children served by providers who contacted the PMH team.
 - Number of children living in rural and underserved counties served by providers who contacted the PMH team.



Program Sustainability and Looking Ahead

Create

Create the scaffolding to improve coordination and collaboration of pediatric behavioral health care across the State

Adopt

Adopt a payment model to support coordinated delivery of care

Build and maintain

Build and maintain a work force to sustain the competence and confidence in treating behavioral health concerns in the pediatric primary care setting

Utilize

Utilize data to inform future practice, payment structures and resources

Measure

Measure usefulness of consultation for clinical practice to clinicians in a primary care or community settings

Questions?

